Update for families 4/5/2020

Here are a few links and ideas that might be relevant to stuck-at-home families. Please do send any suggestions to [eleanorsophiemains@gmail.com](mailto:eleanorsophiemains@gmail.com).

**Yet More Competitions!**

John Lewis/Waitrose have launched a ‘Design a Super-Bear’ competition. Send in your designs for a superhero teddy and the winner will be made into a real teddy bear to be sold in John Lewis and Waitrose shops later this year. All profits will go to the NHS. Send a picture of your bear design to [**designyoursuperbear@johnlewis.co.uk**](mailto:designyoursuperbear@johnlewis.co.uk)by **8pm on Friday 8th May.** You can find more info on their website here: <https://www.johnlewis.com/content/your-partners-through-it-all/feel-good-friday>

**Cutting Your Child’s Hair**

As it is near impossible to socially distance when getting your hair cut, this may be becoming an issue for many people at the moment! After making a complete mess of my own hair, I started researching how it’s done (I really should have done this before getting the scissors out!) and thought this tutorial might be helpful to anyone attempting to cut their child’s (or their own) hair at home.

<https://www.parents.com/kids/hygiene/how-to-cut-your-kids-hair/>

**Cyber School for 13-18 Year Olds**

The CyberStart Game is open until 31 August 2020. You must be aged 13-18 to join.

<https://cyber-school.joincyberdiscovery.com/>

**Celebrate Japanese Children’s Day**

May 5th is Children’s Day in Japan. Follow these instructions to make a traditional koinobori streamer <https://www.littlepassports.com/blog/activities-japan/japan-activity/>. There are also instructions for making an easy origami box and other Japan-themed ideas.

**Try Stargazing**

We are incredibly lucky to live in an area with such dark skies where it can be easy to see the stars on a clear night. On 5th-6th May there will be the Eta Aquarid meteor shower <https://spacecentre.co.uk/blog-post/eta-aquarid-meteor-shower-2020/> . Try staying up late and looking up – you may also see bats, owls and other nocturnal creatures.