**Update for families 9/4/20**

Firstly, a big thank you to everyone who has sent me some interesting resources. If there is anything that has worked well for you, please do send any ideas to eleanorsophiemains@gmail.com. Here are some highlights of things to do this week. Hope everyone is enjoying the holidays.

**Village Easter Egg Decorating Competition**.

Decorate a hen’s egg or one made of paper, take a photo and send to peterbright60@btinternet.com by **Tuesday 14th April**. The winners will be announced on the weekend of 18th/19th April and prizes will be awarded for preschool, primary school, secondary school and adults, kindly sponsored by Andy from The Westbury Inn.

**The sun is out, so here are four screen-free, easy art ideas to try outside**:

* Make some shadow art. Place some objects on a piece of coloured paper and leave in the sun. After a few hours, remove the objects to reveal a pattern as the paper has faded around them.
* Another shadow art idea is to place some toy animals, trees etc on the edge of a piece of liner paper and draw around their shadows.
* Spring mandalas: try some ephemeral art by making a circular mandala with leaves, dandelion flowers etc.
* Try some wild painting: make a gloopy mix of mud and water and make some patterns or hand/footprints.

**Stories to listen to:**

One of my favourite storytellers, Dr Martin Shaw, has put some great ‘stories for stay-at-home-kids’ on his vimeo site <https://vimeo.com/drmartinshaw>.

**Dance/movement:**

To get kids (and adults) moving, Sadlers Wells has some great family dance classes <https://www.sadlerswells.com/whats-on/2020/take-part-family-dance-workshops/> and Cosmic Kids has some yoga classes with different themes, just search for ‘cosmic kids’ on Youtube.

**Spring foraging**:

The hedgerows are bursting with wild food that you may notice on your daily walks.

Why not try collecting some nettles (wearing gloves) and making them into a nutritious and tasty soup by blending with potatoes, carrots, onions and garlic.

Young bramble leaves also make a delicious tea, high in vitamin C.

Remember to give all foraged leaves a good wash before eating.

**Learn the ukulele!**

The Ukulele Orchestra of Great Britain have created a lockdown page with some easy ‘play along’ music to learn. <https://www.ukuleleorchestra.com/index.php/lockdown?fbclid=IwAR23WIrZOIhfCF_N9PVyn3phSmZqZkPduJzD008uSthRpp95maPf7mp0heg>

Why not learn a new skill and give it a try!